

**Please read carefully:**

**Can I have sexual intercourse or masturbate before my appointment?**

- Do not have any type of sexual activity for 2 to 7 days leading up to your appointment or you may have to return to the laboratory to repeat the test. If your abstinence period is less than 24 hours, we cannot do the test and you will be given a new appointment.

**Do I need to make any changes to my lifestyle before my appointment?**

- There is no need to make any changes to your lifestyle, eg drinking alcohol.

**Where should I go for my appointment?**

- You should go to the Andrology Laboratory, which is on Level 4 of the Jessop Wing of the Royal Hallamshire Hospital (full address at the end of this leaflet). This building is on Tree Root Walk at the back of the main block of the Royal Hallamshire Hospital (close to the Charles Clifford Dental Hospital). Take the lift to Level 4 and follow signs for the Andrology Laboratory. You will need to ring the bell to let staff know that you have arrived.
- Your partner is welcome to attend the hospital with you but will need to remain in the waiting area outside the Andrology department.

**What if I am late for my appointment?**

- If you are late for your appointment we may not be able to see you and you will be given another appointment.

**Where can I park?**

- There is a car park at the Jessop Wing, a multi-storey car park at the Royal Hallamshire Hospital, a Q-parks on Durham Road and on-street parking near to both hospitals. Please allow plenty of time to find a space.

**How do I get to the Jessop Wing using public transport?**

- If you have access to the internet, please go to the Sheffield Teaching Hospitals website and follow the link for the Jessop Wing where you will find bus and train information and a road map, or you can telephone the Andrology office for advice.

**What will happen when I arrive at the laboratory?**

- A member of staff will check your personal details with you and you will be asked when you last ejaculated (through any type of sexual activity).
- You will be shown to a private room where we ask you to produce your semen sample by masturbation. This room is in a quiet part of the department and the room is especially designed for this purpose. In the room there will be some adult DVDs for you, but you can bring some of your own if you prefer.
- We do not provide adult magazines, but you can bring your own if you wish.
- The hospital Wi-Fi is not suitable for streaming so we suggest that if you wish to watch your own material that you download it to a device.
- Your partner will not be allowed to go into the room with you when you produce your sample.

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**What if English is not my first language?**

- There is a telephone interpretation service available which you can ask to use when you arrive.
- You will not be allowed to use a personal interpreter.

**When will I get my results?**

- Your results will be sent to the doctor who referred you for the test and this will take up to 2 weeks. If you have been referred by your GP please make sure you leave 2 weeks before making an appointment to get the results. If you have been referred by a consultant at a hospital then you should have a follow-up appointment in the clinic to discuss the results.
- The Andrology staff are not allowed to discuss your test results with you or your partner so please do not contact them to ask that they do this.

**What if the test doesn't work?**

- We may need to repeat one or more of the tests before your results are ready. This does not mean that there is anything wrong with your sample, it is usually because a test has not worked properly. This happens in less than 1 in 1,000 patients who attend the laboratory. If this happens, we will contact you as quickly as possible.

If you are unsure about anything, please telephone 0114 226 8343 or send an e-mail to [sht-tr.AndrologyJessopFertility@nhs.net](mailto:sht-tr.AndrologyJessopFertility@nhs.net) You will also be able to speak to a member of staff on the day.

**Andrology Department  
Level 4  
Jessop Wing  
Tree Root Walk  
Sheffield  
S10 2SF**

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