

WHY DO I NEED A SEMEN ANALYSIS AFTER MY VASECTOMY?

Before the vasectomy is considered complete, a zero sperm count result is required. **This is essential as you need to use other contraceptive methods until you have been informed by your doctor that your semen is clear of sperm.**

HOW DO I MAKE MY SEMEN ANALYSIS APPOINTMENT?

Please ring the Andrology Department (details below) to make your appointment. Your appointment must be at least 12 weeks from the date of your vasectomy. However, you are more likely to have a zero sperm count result if this appointment is **at least 16 weeks from the date of your vasectomy.**

WHAT IF THERE ARE STILL SPERM IN MY SAMPLE?

If your semen specimen contains sperm you will need to provide a further specimen a few weeks later. Your doctor or staff at your clinic will advise you about this.

WHAT DO I NEED TO DO ON THE DAY OF MY APPOINTMENT?

Please collect your **entire semen sample** by masturbation into the pot provided after 2-7 days' sexual abstinence. If you have lost your pot or it is damaged please contact the Andrology Department for advice. **Do not use any other container to collect your sample.** If you deliver your sample in a container other than the pot with which you have been provided then we may not be able to test it. Please contact us if you are unable to produce a sample.

Bring your sample to the Andrology Department as soon as possible after you have produced it and try to keep it at body temperature during transit (e.g. keep it close to your body in an inside pocket).

WHERE SHOULD I BRING MY SAMPLE TO?

Andrology Department
Level 4
Jessop Wing
Tree Root Walk
Sheffield S10 2SF

Telephone: 0114 226 8343 / 271 2382
E-mail: sht-tr.AndrologyJessopFertility@nhs.net

OPENING HOURS TO MAKE YOUR APPOINTMENT:
Monday to Friday between 9am and 4pm

HOW AND WHEN WILL I GET MY RESULTS?

Your results will be sent to the doctor or clinic that referred you for the test. This will take up to 2 weeks.

IS THERE ANYTHING ELSE I NEED TO DO?

Make sure that you ejaculate at least twice a week between your vasectomy and your appointments (or a total of at least 20 ejaculations). This is essential to give us an accurate assessment of whether or not your vasectomy has been successful.

PLEASE LABEL YOUR POT WITH YOUR FULL NAME, DATE OF BIRTH AND TIME OF SAMPLE PRODUCTION. ENSURE THE LID IS SECURELY TIGHTENED, PLACE THE POT IN THE BAG PROVIDED THEN BRING IT TO THE ADDRESS ABOVE AS SOON AS POSSIBLE.

IF YOUR POT IS NOT LABELLED WITH THE REQUIRED INFORMATION, WE DO NOT RECEIVE YOUR SAMPLE WITHIN 2 HOURS OF EJACULATION OR WE RECEIVE IT AT A TIME OTHER THAN YOUR ALLOCATED APPOINTMENT THEN WE MAY NOT BE ABLE TO TEST IT.

****IF YOU ATTEND THE CLINIC WITHOUT AN APPOINTMENT THEN WE WILL NOT BE ABLE TO TEST YOUR SAMPLE****

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